



SEO PORTFOLIO

jackharbercounselling.co.uk



MONTH REPORT OF

JACK HARBOUR

COUNSELLING

jackharbercounselling.co.uk



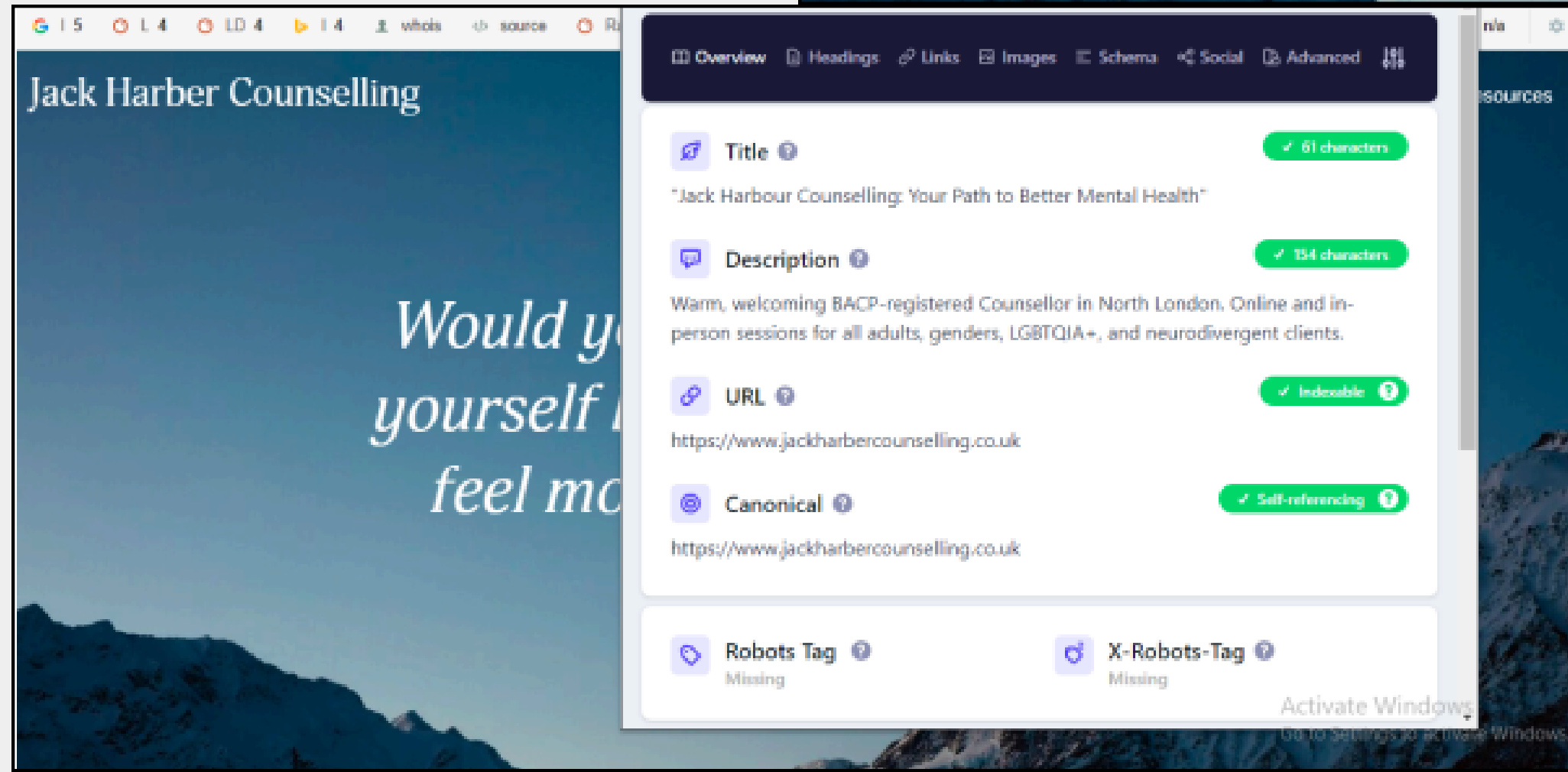
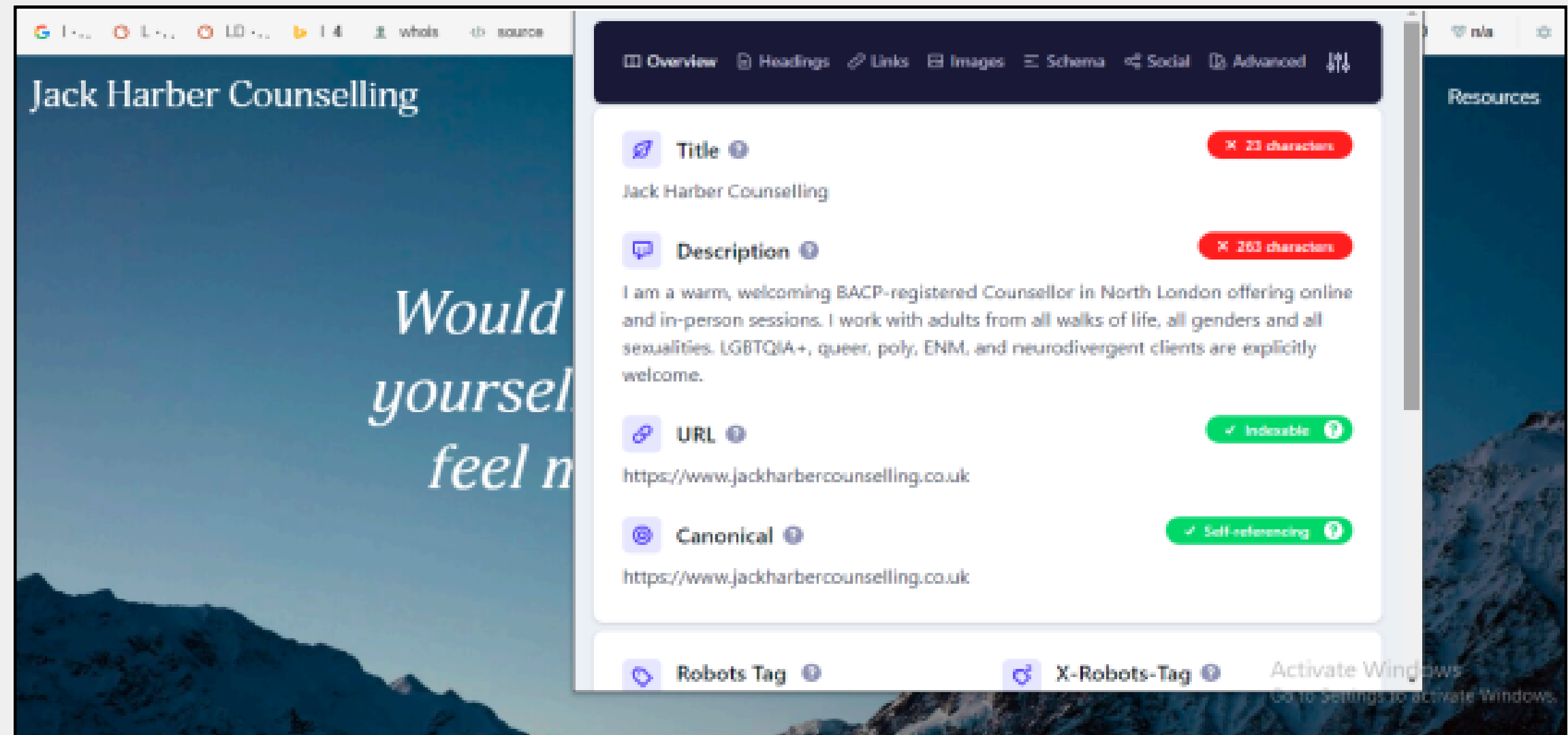
We worked on the **on-page** SEO of this website, focusing on its content and fixing errors to ensure it displays accurately in search engine results.

Apart from that, we've replaced low-density keywords on the website with high-density ones to improve its SEO performance.

We also worked on their heading tags for better optimization.

HOME PAGE

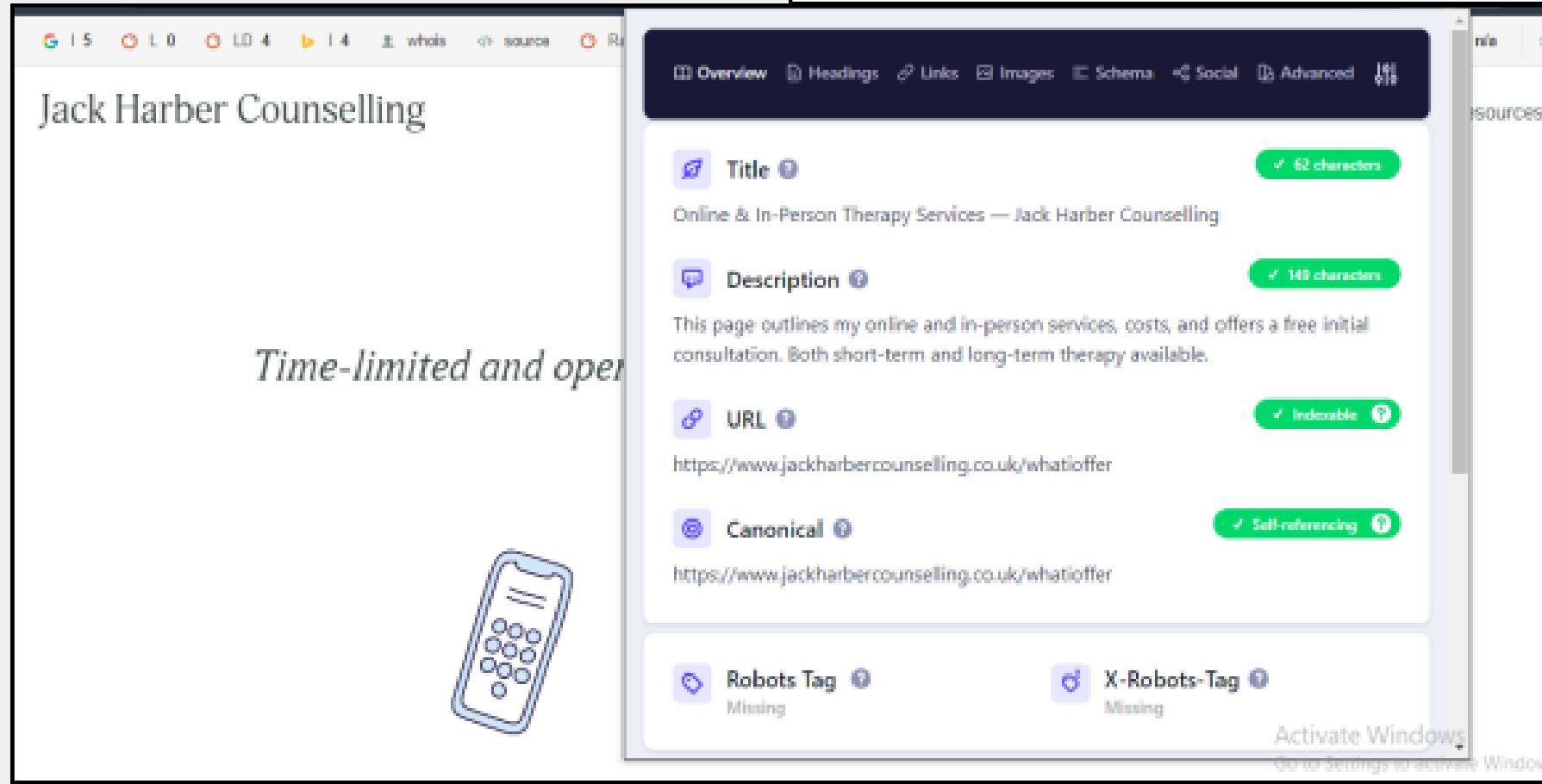
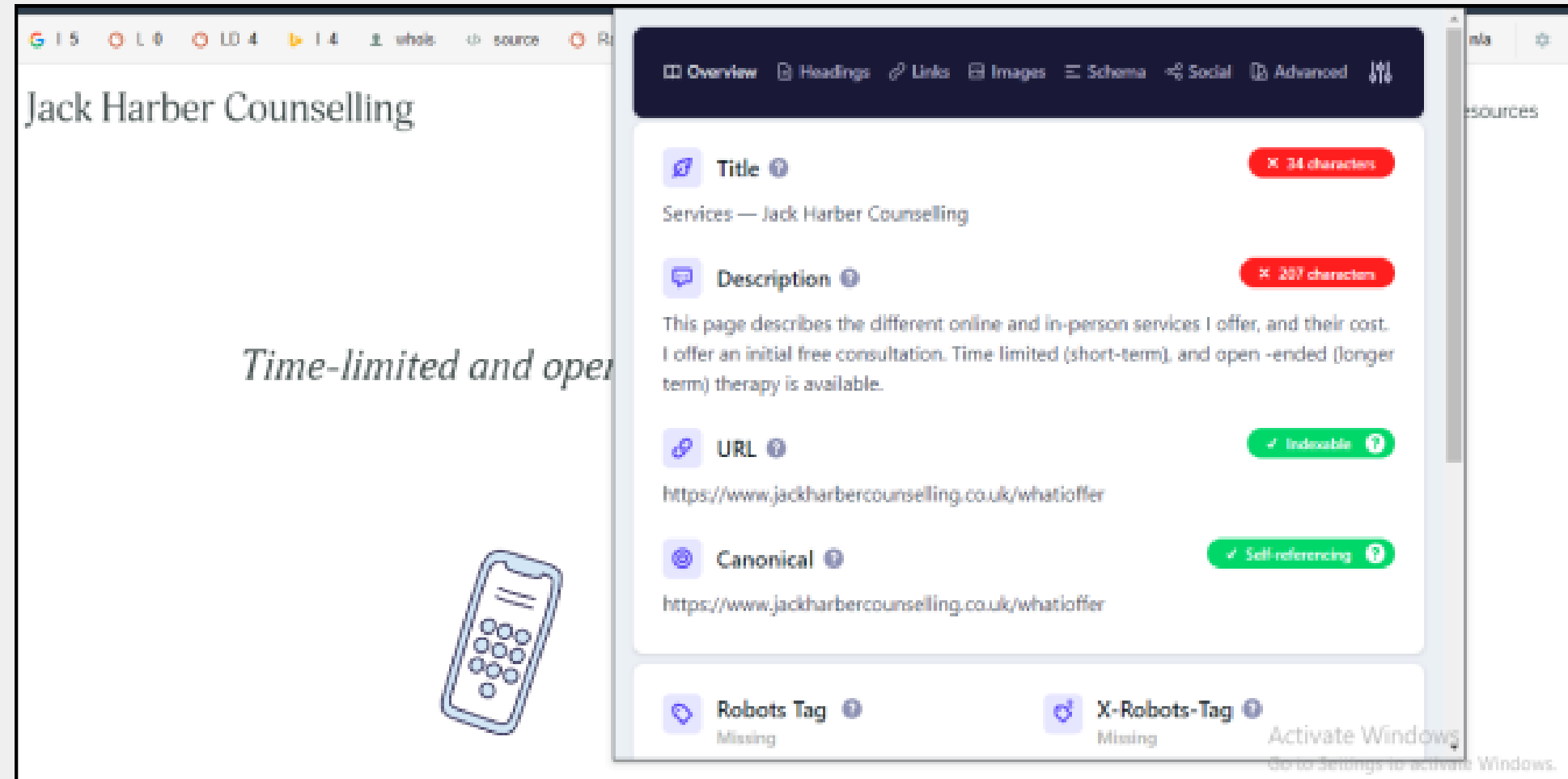
BEFORE



AFTER

WHAT I OFFER PAGE

BEFORE



AFTER

MY APPROACH PAGE

BEFORE

Jack Harber Counselling

*My approach
context, child
relationships,
socio-political*

Overview Headings Links Images Schema Social Advanced

Title ⓘ

✖ 37 characters

My Approach — Jack Harber Counselling

Description ⓘ

✖ 288 characters

This page describes how I work and what you can expect from our sessions. I am a Humanistic Integrative counsellor and I use a combination of mindfulness, somatic techniques, psychodynamic, parts work, and humanistic approaches. I tailor how I work to meet your needs as an individual.

URL ⓘ

✓ Indisable ⓘ

<https://www.jackharbercounselling.co.uk/my-approach>

Canonical ⓘ

✓ Self-referencing ⓘ

<https://www.jackharbercounselling.co.uk/my-approach>

Robots Tag ⓘ

X-Robots-Tag ⓘ

Activate Windows

Go to Settings to activate Windows.

AFTER

Jack Harber Counselling

*My approach
context, child
relationships,
socio-political*

Title ⓘ

✓ 14 characters

Humanistic Integrative Counselling Approach
 — Jack Harber Counselling

Description ⓘ

✓ 132 characters

Discover my Humanistic Integrative counselling approach: mindfulness, somatic, psychodynamic methods tailored to your unique needs.

URL ⓘ

✓ Indisable ⓘ

<https://www.jackharbercounselling.co.uk/my-approach>

Canonical ⓘ

✓ Self-referencing ⓘ

<https://www.jackharbercounselling.co.uk/my-approach>

Robots Tag ⓘ

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X-Robots-Tag ⓘ

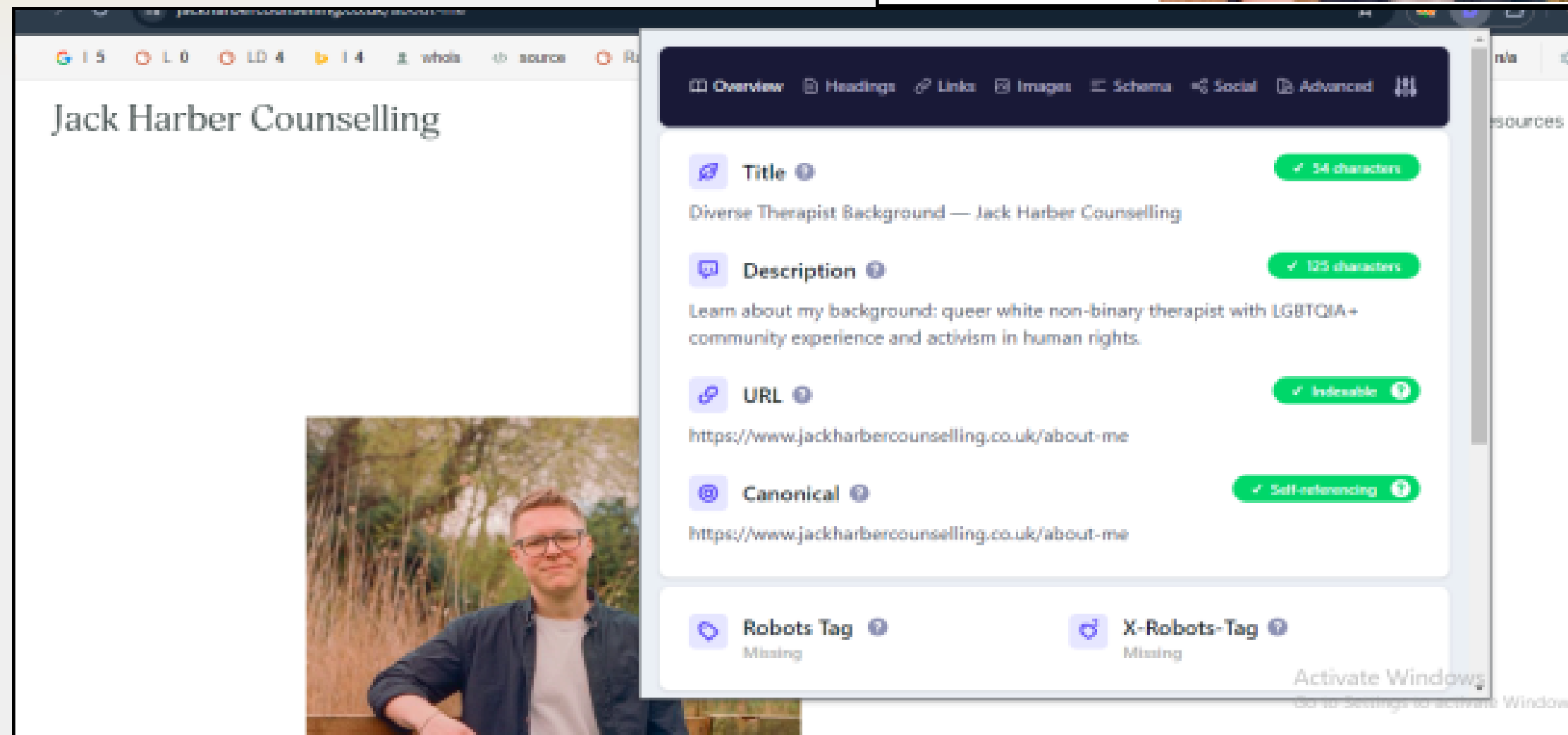
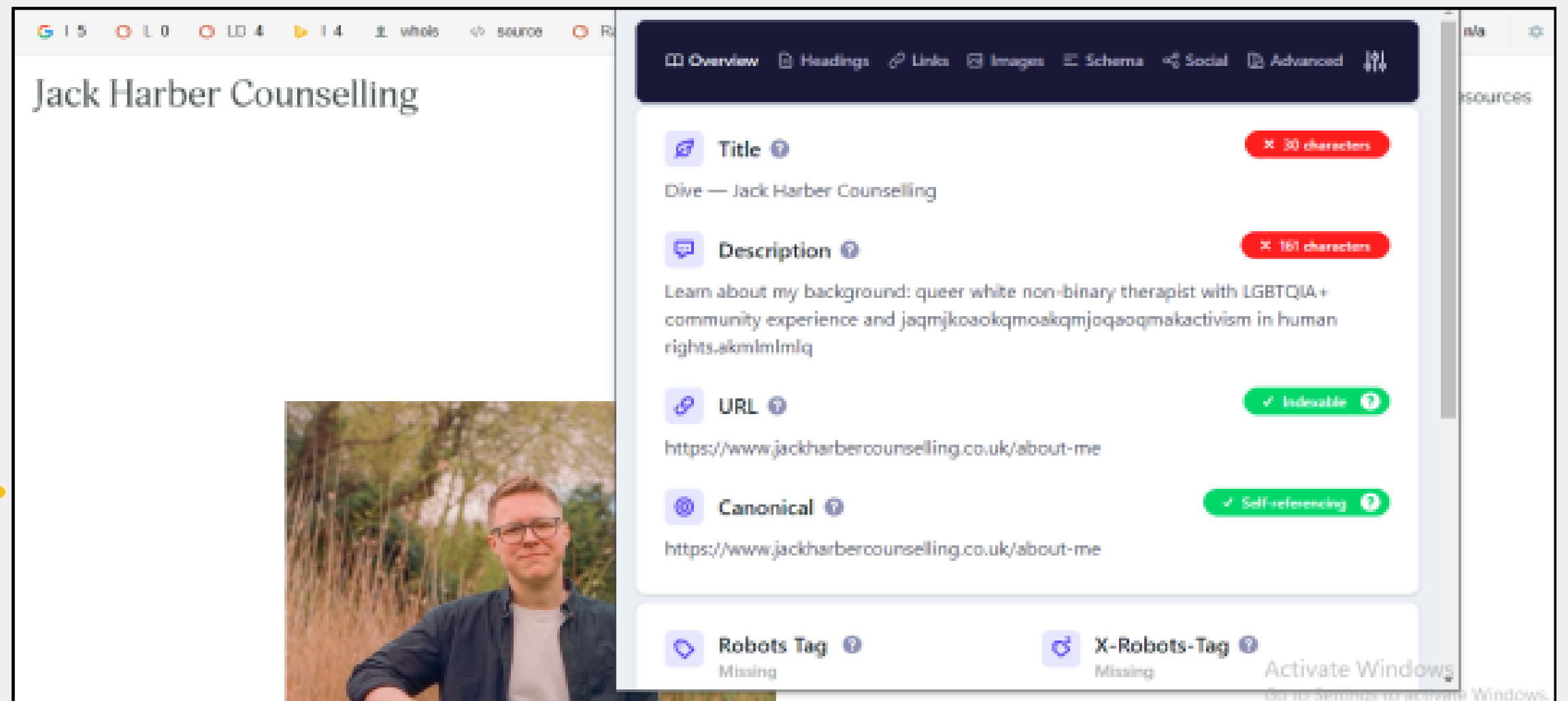
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Activate Windows

Go to Settings to activate Windows.

ABOUT ME PAGE

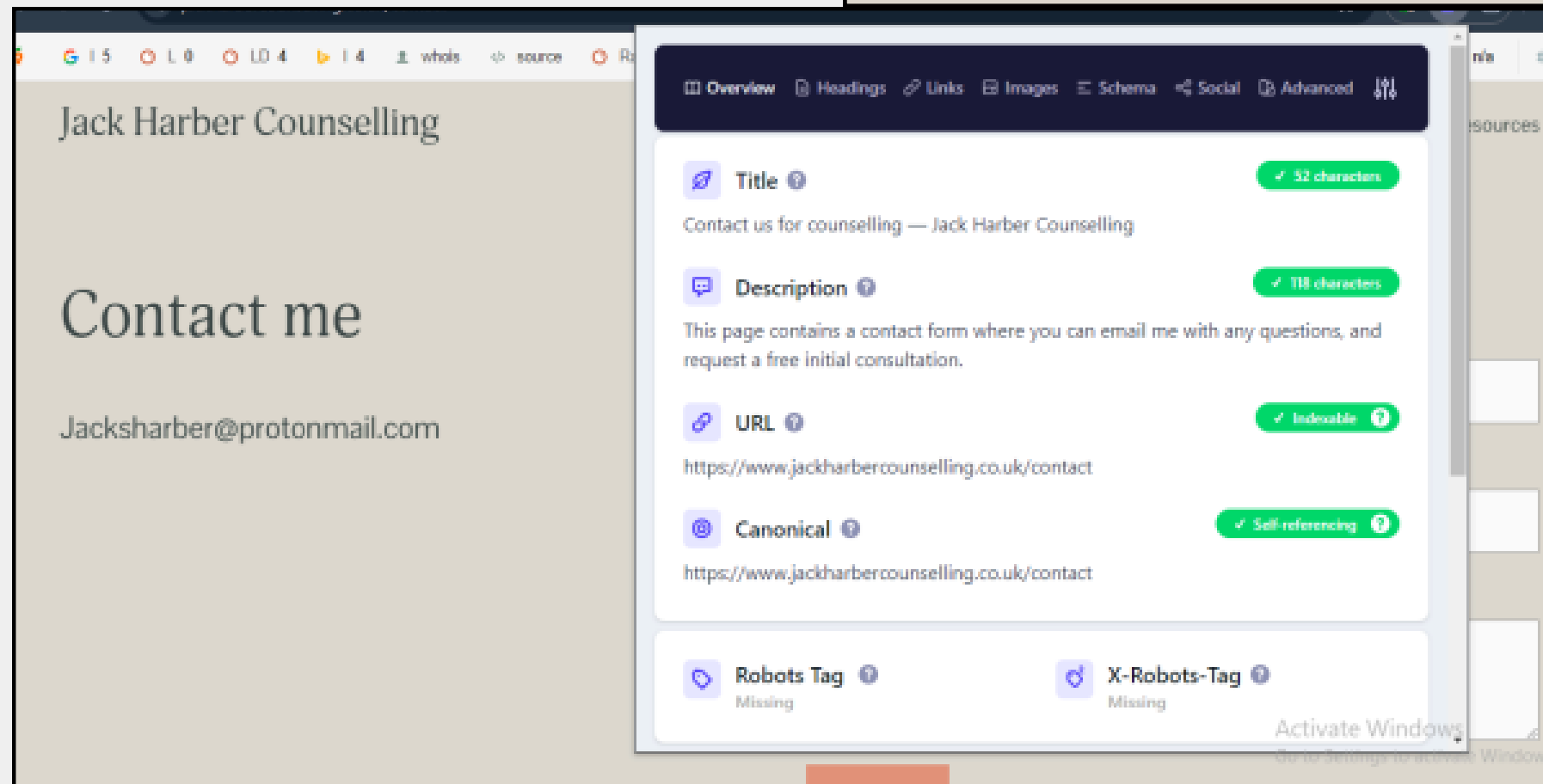
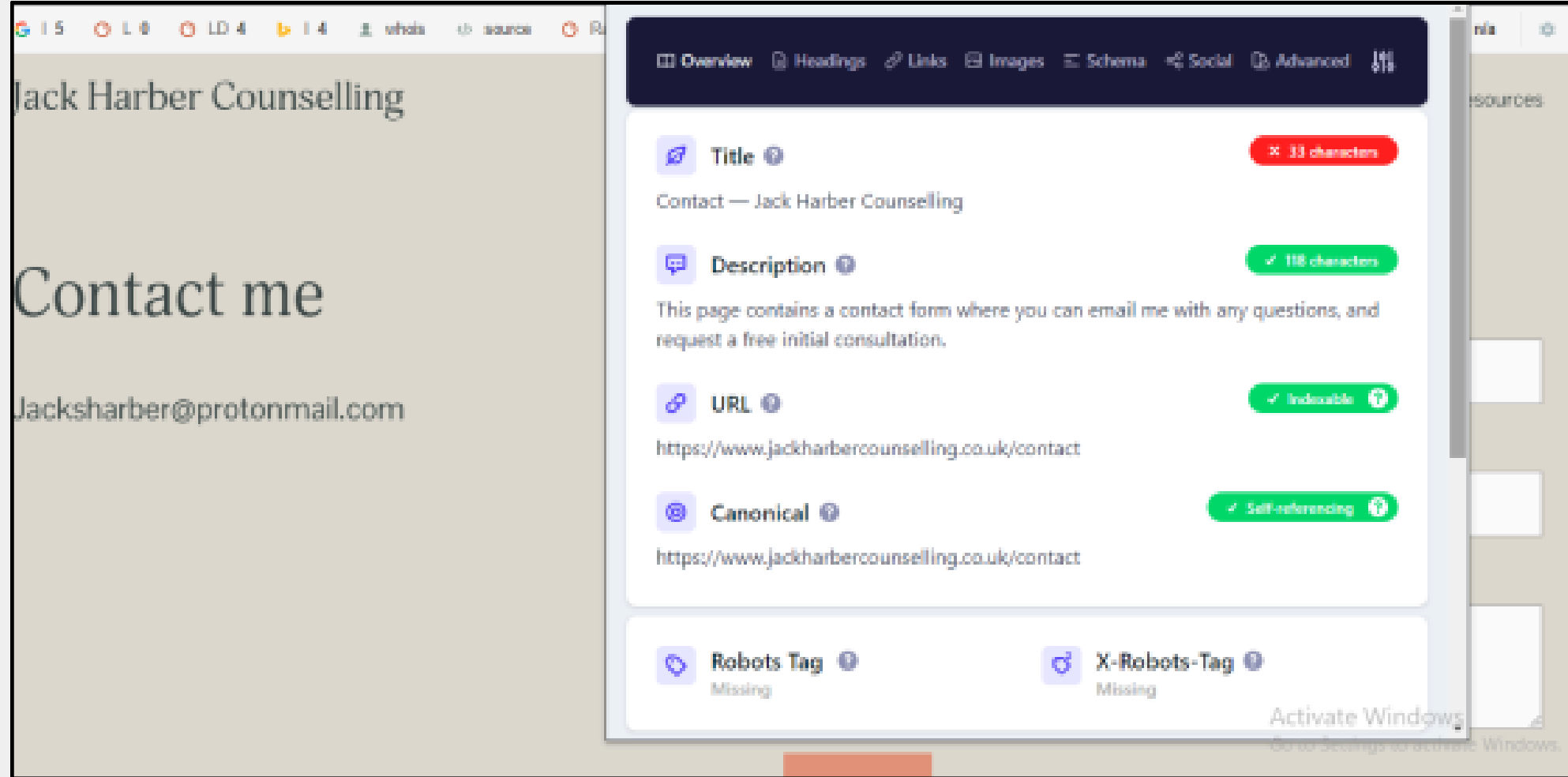
BEFORE



AFTER

CONTACT PAGE

BEFORE



AFTER

RESOURCES PAGE

BEFORE

Jack Harber Counselling

London Friend

Offers short-term and low cost LGBTQ+ counselling and free abuse counselling.
[Londonfriend.org.uk](https://www.londonfriend.org.uk)

GALOP

Advice and support for LGBT+ people who have experienced and domestic abuse.

OverviewHeadingsLinksImagesSchemaSocialAdvanced

Title ⓘ

Resources — Jack Harber Counselling

X 35 characters

Description ⓘ

This page lists resources that may be helpful if you are struggling. It includes crisis helplines, drug and alcohol services, community organisations and so on.

X 162 characters

URL ⓘ

<https://www.jackharbercounselling.co.uk/resources>

✓ Indexable ⓘ

Canonical ⓘ

<https://www.jackharbercounselling.co.uk/resources>

✓ Self-referencing ⓘ

Robots Tag ⓘ

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X-Robots-Tag ⓘ

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GALOP

Advice and support for LGBT+ people who have experienced

OverviewHeadingsLinksImagesSchemaSocialAdvanced

Title ⓘ

Support Resource List — Jack Harber Counselling

✓ 47 characters

Description ⓘ

Find support resources: crisis helplines, drug/alcohol services, community organizations, and more for those struggling.

✓ 121 characters

URL ⓘ

<https://www.jackharbercounselling.co.uk/resources>

✓ Indexable ⓘ

Canonical ⓘ

<https://www.jackharbercounselling.co.uk/resources>

✓ Self-referencing ⓘ

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